

Fatima First Saturday Devotion to Immaculate Heart of Mary.

In 1917, in Cova da Iria, Fátima, Portugal, the Blessed Virgin Mary “a Lady more brilliant than the Sun”, showed Herself seven times to three shepherd children – Lúcia dos Santos, Francisco and Jacinta Marto.



The message given by the Blessed Virgin Mary in Fatima summed up as a passionate appeal for the world’s conversion through devotion to Her Immaculate Heart. This devotion was to be manifested in the Communion of Reparation of First Saturdays.

On December 10, 1925, the Virgin Mary appeared to Sister Lucia (Lúcia Santos, one of the visionaries of Our Lady of Fátima) at the convent in Pontevedra, Spain, and by Her side, elevated on a luminous cloud, was the Child Jesus. According to Lucia, Mary requested again the institution of the Devotion of the First Saturdays in reparation to Her Immaculate Heart. Then She promised to assist at the hour of death with the grace necessary for salvation all who, with the intention of making reparation to Her, will practice the following devotion on the first Saturday of five consecutive months.

To practice the First Saturday Devotions:

- 1) Go to the Sacrament of Confession. While preparing for the Sacrament, in addition to contrition for sin, one must be intent on making reparation for the offences against the Immaculate Heart of Mary. (You may receive the Sacrament of Confession up to eight days prior to First Saturday, provided that no mortal sin is committed between Confession and First Saturday.)
- 2) Attend Holy Mass on the First Saturday of the month.
- 3) Receive Holy Communion, offering up the benefits thereof in reparation for offenses against the Immaculate Heart.
- 4) Recite five decades of the Holy Rosary, including the Fatima prayer after each decade.
- 5) Keep Our Lady company for fifteen minutes, while meditating with her on the mysteries of the Rosary.

“As I was returning from Savigneux, the little birds were singing in the woods. I began to weep. Poor little creatures, I thought within myself, the good God has made you to sing, and you sing. And man, who was created that he might love God, loves Him not.” (St. John Marie Vianney)